

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

NOTIFICATION

Dated Aizawl, 10th August, 2021

Subject: Revised Standard Operating Procedure (SOP) for Covid-19 test at Mizoram State Entry Points.

No.D.33011/39/2021-HFW(SOP)/Pt.4/H: Ram pawn atanga Mizoram a lo lutte entry points-a Covid-19 test kalpui dan tur chu a hnuai a mi ang hian duan a ni. He inkaihhraina hian hemi chungchanga inkaihhraina a lo tih chhuah No.D.33011/39/2021-HFW(SOP)/H/224 dt.19.07.2021 a luahlan ang a, tih chhuah a nih atanga thuleh awm hma chu hman tur a ni ang.

1. State pawn atanga Mizorama lo lutte chuan Home Department Order ding laite an zawm vek ang a, an lo luhna (entry point) ah RAgT (Rapid Antigen Test) hmanga en dik tur an ni. RAgT positive te chu enkawl dan tur ding lai (protocol) angin enkawl zui tur an ni ang. Screening-a negative, Covid-19 natna lang chhuak neite chu RT-PCR/ TrueNat in a rang thei ang bera test nawn vat tur a ni.
- 1.2 A chungsa sawi anga test, Covid-19 negative report neite chu Sorkar/ Deputy Commissioner-in a ruatsak hmunah khung hran (**quarantine**) an ni ang a. Ni nga (5) hnuah RT-PCR/ TrueNat hmanga test a, an negative chuan quarantine atangin an chhuak thei ang.
2. **Quarantine Exemption:** Mizorama lo lutte chu a hnuai sawite an zawm chuan quarantine an ngai lo ang:
 - (1) An lo luh hma darkar 48 chhunga RT-PCR/ TrueNat/ CBNAAT hmanga Covid-19 test negative report, SRF-ID dik tak awm an nei ang a. Chu chu Screening Point duty-te a hmuh ang a
 - (2) Entry point screening/test-ah Covid-19 negative an ni bawh tur a ni.

Chutianga quarantine lohte chuan an lo luh hnu ni 7 (sarih) chhung chu Covid-19 symptom an nei em tih uluk takin an inchik zui ang a **He mi chung hian, Covid Appropriate Behaviour (CAB) uluk taka zawmin mahni hna pawimawh zual an thawh thei bawh ang.**
3. **Self-/Monitoring (mahni hriselna inchik):** Covid-19 inkaihhraina in a phut mahni in lama awm tawh si 'mahni hriselna inchik' tura tihte chuan heng a hnuai tarlan Covid-19 avanga harsatna awm theite hi an nei em tih an inchik reng tur a ni.

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| iii. Hrawkthip leh nuam lo. | iv. Khuh. |
| v. Thawhah. | vi. Taksa sil leh na them thum. |
| vii. Pumna. | viii. Kawthalo. |
| ix. Lu hai. | x. Chaw ci tui lo. |
| xi. Chau ngawih ngawih. | |

3. Self-Monitoring (mahni hriselna inchik) tite chuan Sorkar-in Covid-19 kara khawsak dan tur (Covid Appropriate Behavioiur – CAB) a duan, eg.- “midang hlata awm, hnar leh kâ tuama mask vuah, kut sil fai/hand sanitizer hman fo tur” tihte hi tha takin an zawm reng tur a ni.

Ramus 10/8/21

(R. LALRAMNGHAKA)

Secretary to the Govt. of Mizoram,
Health & Family Welfare Department

MNo.D.33011/39/2021-HFW(SOP)/H : Dated Aizawl, the 10th August, 2021.

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5. P.S to MLA & Vice Chairman, H&FW Board.
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Ramus 10/8/21

Secretary to the Govt. of Mizoram,
Health & Family Welfare Department