

**GOVERNMENT OF MIZORAM  
HEALTH & FAMILY WELFARE DEPARTMENT**

Dated Aizawl, the 24<sup>th</sup> October, 2021.

**NOTIFICATION**  
**(Guidelines for Covid-19 test – Mizo version)**

**No. D. 33011/21/2021-HFW(nCOV)/Pt.I/10:** State Level Expert Team for Covid-19 Management-in a recommend angin, Covid-19 test nana Inkaihhraina dated 18.10.201 luahlanin a hnuaia mi ang hian Inkaihhraina thar siam a ni a, thu dang a awm leh hma atana hman nghal tur a ni e:-

1. **Covid-19 test tur mi te:** A hnuaia tar lan ang hian Covid-19 test chu tih tur a ni:
  - 1.1 Mizorama lo lütte chu Entry Point-a Screening SOP ding lai angin test tur a ni.
  - 1.2 **Covid-19 natna lang chhuak, eg. khawsik, hrawk nâ/ thîp, khuh, rhinitis (hnarzâ/ping/hnaptui), kawthalo, rim hriatna kiam/hloh, thâwk lama harsatna nei tawh phawt chu,** vaccine lo la tawh leh hri vei dam leh pawh ni se, RAgT in test thuai tur a ni.
  - 1.3 Primary High Risk Contact [*Covid-19 hri kai nena invenna (Mask/Kutkawr etc) vuah lova feet 6 inhnaia minute 15 emaw, a aia rei emaw lo awmhote*] chu chutianga an lo awmho (contact) ațanga **ni 5-10** chhungin **RT-PCR/ TrueNat within 5-10 days** chhungin test tur a ni.
    - **Covid vaccine full dose la tawh pawh test tur a ni a,** amaherawhchu test neih hma ni 5-10 chhung hian quarantine kher lovin uluk takin CAB an zawm a tâwk ang.
    - Thla thum kal ta chhunga Covid-19 vei dam leh tawhte chu **symptom an nei thar leh a nih loh chuan** Covid-19 veite lo awm hnaih pawh ni se test kher an ngai lo va, **chu'ng mite chu Covid hri vei awmna chungkua 'Home Isolation'-a awm an nih erawh chuan Contact Tracing leh Home Isolation SOP te an zâwm ang.**
  - 1.4 Anmahni enkawltu Doctor / Hospital thuneitute'n Covid-19 test ti tura an hrihhte.
2. **Testing:**
  - 2.1 Test tur sample lâk record ah hian sample lâk ni, dâr leh minute zâtte chhinchhiah tel ngei tur a ni a. Chu'ngte chu Test Result/ Certificate ah tar lan bawk tur a ni.
  - 2.2 **RAgT positive te hi chian lehzual tuma Test nawn a țul lo.**
  - 2.3 **Covid-19 symptom nei chung a RAgT test result negative si chu,** rang takin RT-PCR/ TrueNat hmanga test zui vat zel tur a ni.

- 2.4 Covid-19 symptom nei, RT-PCR/ TrueNat test a negative si chu, a khawsik pang sâ  $\geq 100.4^{\circ}$  F emaw, a Oxygen level (SpO<sub>2</sub>) <94% emaw, a khuh reh lo leh zual lam pan te a nih chuan, hospital/ Doctor hnai ber panpui vat tur a ni.
- 2.5 Covid-19 test-tu te'n an test result chu positive leh negative result-te nen ICMR portal-ah test neih nî vêkin kim takin an upload ngei ngei tur a ni.
- 2.6 Eng test dan hmang pawha Covid-19 test positive reng reng chuan (self-test telin), an veng Local/ Village Level Task Force te an in-report ang a. Anmahni bialtu Medical Officer (Doctor)/ CMO emaw, Helpline Nos. 102/ 0389 2323336/ 0389 2322336/ 0389 2318336 ahte 'thurâwn' lain chu chu an zâwm ngei tur a ni.
3. Mi tu mah an thih hnuin Covid-19 test tih loh tur a ni.



(R. LALRAMNGHAKA)

Secretary to the Government of Mizoram  
Health & family Welfare Department.

Copy to:

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Deputy Commissioners, Mizoram.
10. Principal Director, Health & Family Welfare Department.
11. Director, Health services.
12. Director, Hospital & Medical Education.
13. Director, Zoram Medical College, Falkawn.
14. Director, Information & Public Relations for wide circulation.
15. Mission Director, NHM.
16. All Medical Superintendents.
17. All Chief Medical Officers.
18. All Covid-19 Testing Hospitals/ Laboratories/ Agencies – for strict compliance.
19. Controller, Printing & Stationeries with five (5) spare copies for publication in the Official Gazette.
20. Web Manager, IT Section, Directorate of Health Services.
21. Guard file.

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