

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

NOTIFICATION

Dated Aizawl, 06th December, 2021

Subject: Guidelines for International Travellers entering Mizoram.

No.D.33011/39/2021-HFW(SOP)/Pt.4/H: Following the recommendations of the State Level Expert Team on Covid-19 Management dated 1st December, 2021 in the wake of the Omicron strain of the SARS-COV-2 (Covid-19 virus), the Governor of Mizoram is pleased to hereby issue the following guidelines for screening, quarantine and isolation of international travellers entering Mizoram, for strict compliance by all concerned with immediate effect until further order:

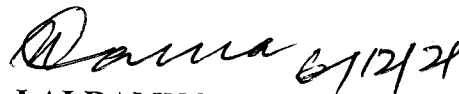
- 1. Screening: Any person entering Mizoram** with international travel history **within the last 14 days** prior to the date of arrival at the entry point (referred to as **international traveller** for short) shall, besides fulfilling the formalities prescribed by the Home Department, Govt. of Mizoram, undergo mandatory screening with Rapid Antigen Test, and simultaneously, samples for RT-PCR/ TrueNat test shall also be taken from such traveller, regardless of Negative RT-PCR Test Result prior to entry and vaccination status. The cost of screening shall be paid as per existing Orders of the Government of Mizoram.

However, these guidelines shall not apply to international travellers who, having been tested Covid-19 positive at any international entry point in India, and have already been treated and discharged as per guidelines issued by the Ministry of Health & Family Welfare, Govt. of India, and arrive at the entry point of Mizoram before visiting any foreign country: **subject to production of genuine Discharge Certificate** issued by the facility from which they were discharged. The **SOP for Entry Point dated 14.10.2021** shall apply to the said travellers.

- 2. Quarantine/ Isolation & Treatment:** If the international travellers screened with RAgT are found –
 - (1) Negative without COVID 19 symptoms (asymptomatic),** they shall be quarantined at quarantined facilities or at home quarantine, with prior approval by the Deputy Commissioner within whose jurisdiction such persons are to be **quarantined for 7 days** with strict self-monitoring. RT-PCR Test shall be done **on the 8th day**. Such individuals if tested Negative with RT-PCR on the 8th day shall be free from quarantine but they shall **continue self-monitoring for another 7 days**.

- (2) **Negative with COVID 19 symptoms (symptomatic)**, they shall be immediately tested with RT-PCR/ TrueNat. If still Negative, they shall be nevertheless isolated in isolation facility / at home **for 7 days** with strict self-monitoring. RT-PCR/ TrueNat Test shall be done **on the 8th day**. Such individuals if tested Negative with RT-PCR/ TrueNat on the 8th day shall be free from isolation but they shall **continue self-monitoring for another 7 days**. Persons tested Covid-19 positive shall be isolated as prescribed in sub-para (3) below.
- (3) **Positive**, they are to be isolated/ treated in facilities designated for international travellers as per standing protocols/ guidelines for Covid-19 Management; and their swab samples shall be sent for **genomic testing in the INSACOG Genome Sequencing Laboratory (IGSL)**. **Strict isolation and treatment protocol shall be followed till tested Negative for Covid-19.**
3. **Contact Tracing:** Contacts of the positive / suspect case in case of flight passengers are the co-passengers seated in the same row, 3 rows in front and 3 rows behind along with the identified Cabin crew. Also, all the community contacts of those travellers who have tested positive (during home quarantine period) would be subjected to quarantine for 14 days and tested as per extant Testing protocol.
4. **Uploading of test results:** All screening/ testing results (positive and negative results) shall be uploaded promptly on the ICMR portal at: <https://evstatus.icmr.gov.in>.
5. **Self-Monitoring:** Persons to monitor themselves shall strictly follow CAB viz. social distancing, proper wearing of face-mask covering mouth and nose, and hand hygiene; and watch for any of the Covid-19 symptoms as indicated below, and shall seek advice from the CMO/ MO concerned or the Helpline at telephone Nos. **102/ 0389 2323336/ 0389 2322336/ 0389 2318336.**—
- | | |
|--|-------------------------------------|
| i. Fever. | ii. Cough. |
| iii. Loss of taste/ smell. | iv. Sore throat/ throat irritation. |
| v. Malaise/ Weakness. | vi. Body ache /Headache. |
| vii. Gastro-intestinal upset. | viii. Diarrhoea. |
| ix. Dizziness. | x. Anorexia/ Nausea/ Vomiting. |
| xi. Shortness of breath/ breathlessness. | |
6. **Airsuvidha Portal data:** The State Surveillance Officer, IDSP, Mizoram shall monitor the *airsuvidha Portal* regularly and brief the Secretary, HFW Dept., the Principal Director, HFW Dept., the Screening Teams and the IDSP/Contact Tracing Teams concerned **daily** regarding any international traveller due to enter Mizoram, for necessary action.

The said information shall also be communicated by the IDSP Unit to the Deputy Commissioner, CMO and LLTF/VLTF within whose areas the international traveller ordinarily resides or would stay during the visit.



(R. LALRAMNGHAKA)

Secretary to the Govt. of Mizoram,
Health & Family Welfare Department

Memo No. D.33011/39/2021-HFW(SOP)/Pt.4/H : Dated Aizawl, the 6th December, 2021.

Copy to:

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Vice Chairman, State Planning Board, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Addl. Chief Secretary, Government of Mizoram.
8. PS to Principal Consultant, Aviation Wing, GAD, Government of Mizoram.
9. PPS to Secretary, Health & Family Welfare Department.
10. PPS to Secretary, Home/DM&R Department.
11. All Administrative Heads of Departments, Government of Mizoram.
12. Principal Director, Health & Family Welfare Department.
13. All Deputy Commissioners, Mizoram.
14. Director, Health services.
15. Director, Hospital & Medical Education.
16. Director, Zoram Medical College, Falkawn.
17. Mission Director, NHM.
18. Director, Information & Public Relations for wide circulation.
19. Controller, Printing & Stationeries with five (5) spare copies for publication in the Official Gazette.
20. All Chief Medical Officers.
21. All Medical Superintendents of District Hospitals, Mizoram.
22. Web Manager, IT Section, Directorate of Health Services.
23. Guard file.



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Secretary to the Govt. of Mizoram,
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