



NATIONAL PROGRAMME FOR PREVENTION AND CONTROL OF DEAFNESS (NPPCD)



NPPCDMz/2024/37

Weekly Bulletin

Aizawl the 26th July, 2024

NPPCD Weekly Report from 9 District Hospitals

No. of OPD :

Aizawl East : 337

Aizawl West : 117

Champhai : 103

Kolasib : 45

Lawngtlai : 11

Lunglei : 85

Mamit : 9

Serchhip : 87

Siaha : 14

Case Detection Status :

Ear Morbidities : 459

Hearing Loss : 87

Referred Case : 48

Ear Surgery : 4

Ear Diseases : 372

Investigation : 170

Ear Syringing : 19

NOISE INDUCED HEARING LOSS (Ri Bengchheng vanga Rihriatna hloh / Ri Bengchheng vanga Bengngawna)

Kan thupuiin a tarlan ang hian Ri bengchheng vanga bengngawna a thlen theih dan te, a inven dan te kan han sawi dawn a ni. Khawvel changkanna in a ken tel khawl changkang kan hnathawh ti awlsam tu te. Entirnan : Iron & Steel fabrication a thir zaina khawl te, thing zaina khawl te, insakna hmuna rora leh cement mix na khawl te, khawl chi hrang hrang te kan sawi seng lo ang. Heng hmang a eizawngte chu ri bengchhengah nileng kartluana hun an thin avangin bengchhunga ri hriatna khawl leh thazamte a lo chau telh telh a, kum naupangte in an beng a lo ngawng ta mai tihna a ni.

Hei bakah hian halpuah bomb te, gelatin bomb puak te, silai puak ri ring tak vang te pawhin beng a ngawng thei a ni.

Tun laiin music leh phone te Earphone / Ear pod hmang a ngaihthlak kan uar ta telh telh a. Hei hian nasa takin beng ri hriatna a khawih chhe thei a. a bik takin naupang leh thalai te mobile games khelh kan uar em em a heng hian beng a tirimin, sound rawn ri thut thut te hi beng hian a haw zuala. Chubakah phone khawih nasat hian naupang an rilru leh thluak than tur ang thang loin developmental delay leh speech delay te a thlen nasa em em a ni.

A inven dan :

1) Hmun bengchhenga hnathawk a eizawng te chuan Ear plug/beng hnawh an hmang thin tur a ni.

2) Naupang leh thalai ten Earphone hman tlem a ngai a, kan hman pawhin rei tak hmang lo ila a rin zawng hi 50% aia sang a ngaihthlak loh tur a ni. Mithiamte chuan ni khatah darkar 1 (khat) aia rei hman loh tur an ti bawk.

3) Naupang awm nan phone hi hman loh / hman tlem tur a ni.

4) TV ring taka en a ngaihthlak loh hram tum a tha.

5) Puipunna ah (Concert, Inkhawm, etc.) sound ring lutuk a tih hian mipui tan beng lamah harsatna a thlen thei a. Sound Box bul hnai ah awm loh a him a, beng thalo sa tan phei chuan sound box hlatah thut ngei ngei a tha.

“Rilru hriselna hi taksa hriselna ang bawkin a pawimawh a ni”

- National Mental Health Programme, NHM



Ear Plug (Beng hnawhna) ri bengchheng laka invenna



Sound System ring lutuk te



Earphone hmanga sound/music ring lutuka ngaihthlak

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