



National Mental Health Programme, Mizoram

Weekly Bulletin



NMHPMz/2024/35

Aizawl, the 21st June, 2024

No. of OPD : 203
No. of IPD : 42

Outreach

Free Clinic cum
Awareness : 6

No. of Beneficiaries: 295

No. of OPD/IPD
(Including Psychiatry
Dept.)

Aizawl : 94
Lunglei : 16
Siaha : 23
Champhai : 15
Kolasib : 11
Serchhip : 55
Lawngtlai : 17
Mamit : 14

No. of Phone Call Received

DMHP : NIL
TeleMANAS : 132

Targetted Intervention

under NMHP, Mizoram : 14

ARDSI Mizoram Chapter

7005983633
9366191341

"Rilru hriselna hi taksa hriselna ang bawkin a pawimawh a ni"

SOFT SKILLS

Leadership (hruaitu nihna) chu thil hrang hrang a midang zirtir emaw midang kaihhruai thei, thiamna nei mi an ni a. Hruaitu ni tur chuan hnuai mite enkawl thiamna te, Inbiakpawhna thiamna, Fuih leh thlawp thiamna te, Thiltih thiamna, Mawhphurhna nei thei, midang thunun thiamna nei mi a ni tur a ni.



AWARENESS LEH FREE CLINIC

National Mental Health Programme hnuai Serchhip, Lawngtlai leh Mamit District chuan Mental Health chungchang zirtirna hun an hman a TeleMANAS chungchang in hirih hriatna hun an hman baw a ni.



NPPCD chungchang leh beng lama harsatna nei a, hrechiang duh tan District Hospital, ENT Dept OPD ah zawhfiah theih reng a ni

Rilru lama harsatna nei leh hriat belh duh nei kan awm chuan
Telemanas Call theihna
14416, 180008914416

Thurawn pek emaw hriat belh duh nei chuan a hnuai mail ah hian dah nise
mizmentalhp@gmail.com

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