



# NATIONAL PROGRAMME FOR PREVENTION AND CONTROL OF DEAFNESS (NPPCD)



NPPCDMz/2023/10

Weekly Bulletin

Aizawl the 19<sup>th</sup> January, 2024

## NPPCD Weekly Report from 9 District Hospitals

### No. of OPD :

Aizawl East : 274

Aizawl West : 78

Champhai : 98

Kolasib : 23

Lawngtlai : 24

Lunglei : 0

Mamit : 4

Serchhip : 52

Siaha : 10

### Case Detection Status :

Ear Morbidities : 306

Hearing Loss : 26

Referred Case : 16

Ear Surgery : 4

Ear Diseases : 280

Investigation : 169

## CONDUCTIVE HEARING LOSS



## BENGGAWNG KHAWVEL – II

Bengngawwnna thlen thei tu te hi hlawn lian tak pahnih ah then an ni a, han sawifiah dawn ila.

**A. Sensorineural Hearing Loss (Nerve chaklo avanga bengngawng) :** Ri hriatna tha zam luruh chhung a awm te, hemi zawmtu nerve bundle thluaka a chhohna te leh thluaka ri hriatna center natna in a tihbuaiin.

1. Inherited causes : Inthlahchhawngah eg : *Usher's, Wardenburg's Syndrome.*

2. Naute pianghlimah : *Malaria, khawsikpui, Cytomegalo virus, toxoplasmosis, neonatal jaundice (Piann hlima naute eng nasa).*

3. Pianpui bengngawng : Natna hengte - *Rubella, Syphilis, Cytomegalo virus, toxoplasmosis* nu naupaiin a veiin.

4. Damdawi effect : Nu naupaiin *antibiotics – mycin* lam chi tih te, *cancer* damdawite, *malaria* damdawi ei te in (*Dose adjust* mumal loh te a paw a, Doctor enkawl na hnuai ah lo chuan damdawi ei ve tawp loh tur a ni).

5. Ri bengchheng a darkar tam tak hun hman thin hi tunlai bengngawwnna thlent u lian tak a ni baw k e.

6. Presbycusis : Kum upat avanga ri hriatna tlahniam hi a thlent u lian tak a ni baw k a.

**B. Conductive Hearing Loss :** Bengkua, bengdar leh bengdar chhung pindan ah natna / harsatna a awm in. Heng avang a ngawng te hi chu nerve chaklo avanga ngawng aiin a nep tlangpui.

1. Wax : Beng ek tlang lian bengkua hnawh phui vek khawp hi a thlent u pawimawh tak a ni.

2. Bengdar chhung pindan vung emaw tui tling emaw hi bengngawwnna thlent u tam ber a ni. Naupang hritlang benvawn, thla hnih/ thla thum awh chi ang enkawl si loh in an tuar ngun ber.

3. Beng kherh (CSOM), beng dar a pawh a, a khat taw k a hnai chhuak, hul lova hnai chhuak fo ang chi te hi.

4. Bengdar chhung pindan a tuihnang tling (OME)

Bengdar chhung pindan vung emaw tui tling emaw (bengkherh) bengdar pawp hnai chhuak thin naupang chuan phone emaw TV a en/khawih in a volume a ti ring tlangpui. Biak/auh in mi an chhang thuai lo thin. Nu leh pa leh zirtirtu ten luhlul ah an chhuah fo thin a.

Pawimawh deuh mai chu a 'chung a kan sawi' pathumte thlent u chu hritlang (hnarping/ hnaptui/ hahchhiau, hnar za) an nei a. . Nu leh pa in an en liam mai mai thin vang a ni ber a.

Beng, hrawk leh hnar (ENT) Specialist a entir nachang hriat loh vang a ni tlangpui. Naupang ri hriatna nei tha lo chu an tawng mai har a, tawng a fiah lo thin a, zirnaah an hnufual ngei ngei thin.

Tetlai atanga 'bengkherh' enkawl ngai mang loh avanga nula tlangval bengngawng ang reng tak si hi high school leh college student ah hian zu awm teuh a. Kan Zoramah hian zirtirtu thusawi hre kim lo zirlai chu ngaihtuahawm tak a ni.

*Dr. R. Zodingliana, ENT Surgeon  
HOD ENT Dept., Civil Hospital, Aizawl*

Rilru lama harstana nei te tan engtik lai pawhin (24x7) Telemanas ah hian mithiamte biak theih an ni e.

Telemanas Call theihna  
**14416, 180008914416**

Published by :  
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