



National Mental Health Programme, Mizoram

Weekly Bulletin



NMHPMz/2023/6

Aizawl, the 1st Dec, 2023

No. of OPD : 165
No. of IPD : 26

Outreach

Free Clinic cum : 6
Awareness
No. of Beneficiaries : 343

No. of OPD/IPD (Including Psychiatry Dept.)

Aizawl : 96
Lunglei : 24
Siaha : 15
Champhai : 7
Kolasib : 9
Serchhip : 3
Lawngtlai : 25
Mamit : 12

No. of Phone Call Received

DMHP : 3
TeleMANAS : 120

Targetted Intervention under NMHP, Mizoram: 11

ARDSI Mizoram Chapter

7005983633
9366191341

"Thudik leh huaisenna hi a nuam reng lova, chak lohna erawh a ni ngai lo"



Ni. 28. 11. 2023 (Thawhlelni) khan NMHP leh TeleMANAS buatsaihin Awareness Programme on Common Mental Disorders & ECHO Training neih a ni a. Dr. Robert L. Khawlhing SNO, NMHP chuan kaihruaiin rilru hriselna hian kan rilru leh khawtlang nun a huam a, kan ngaihtuahna, kan rilru put hmanh leh kan thiltih dan a nghawng a neih dan te, mi dangte nena kan inzawmna te leh duhthlanna hrisel kan neih a tulzia a sawi a. L.C Beihneipaki, Psychiatric Nurse, TeleMANAS in kal khawmte hnenah TeleMANAS chungchang leh an hnathawh dan hrang hrang hrih hriatna hun a nei bawk a ni.

May Zidinsang Sr. Executive ECHO India in online platform hmanga rilru hriselna inzirtir theih dan leh hmalak dan kawng hrang hrang a sawi bawk a. Tin, ECHO India platform hmanga a rilru hriselna chungchang in zirtir dan tur leh zirtir tur tul (Module) hrang hrang sawi hona leh duanna hun hman nghal a ni.



*Mit tha lo tan tarmit vuah a zahthlak loh ang
bawkin beng tha lo tan beng dar vuah a
zahthlak loh*

*Rilru lama harsatna nei leh hriat belh duh nei
kan awm chuan
Telemanas Call theihna
14416, 180008914416*

*Thurawn pek emaw hriat belh duh nei
chuan a hnuaita mail ah hian dah nise
mizmentalhp@gmail.com*

Published by
National Mental Health Programme
Govt. of Mizoram
New Capital Complex, Aizawl